A Guide to Common Scalp Conditions





Supplier of Capasal Therapeutic Shampoo

Capasal™ Therapeutic Shampoo

Salicylic acid, coconut oil, distilled coal tar

Capasal is a specially formulated therapeutic shampoo for the treatment of dry, scaly scalp conditions.

Capasal Therapeutic Shampoo contains 3 active ingredients;

Salicylic acid – to loosen and remove scale for improved appearance

Coconut oil – to soften and moisturise the scalp

Distilled coal tar – an anti-psoriatic and anti-itch to reduce scratching

Capasal Therapeutic Shampoo can be used for all of the conditions shown inside. It is also extremely efficient at washing out previously applied ointments or creams.



Good Hair Washing Technique

For scaly scalp shampoos to have their best effect, use a good hair washing technique.

Apply a small amount (the size of a 50 pence coin for short hair, adjusting up depending on length/thickness of hair) to wet hair and massage into the scalp. Leave this for a few minutes to loosen scale and allow the active ingredients to get to work. Remove the foam from the hair using the hands (this will remove the scales with it) and then rinse. Repeat if necessary.

Capasal can be used daily if required, reducing frequency of use to once or twice a week as the condition improves. Thereafter, occasional use may be necessary.

Wet hair and apply shampoo to produce a lather. Leave in place for a few minutes then physically remove foam with the hands before rinsing. Repeat if necessary.



Cradle Cap

A small amount of Capasal Therapeutic Shampoo should be used, sufficient to produce a lather. Wash off immediately with warm water. Gently pat the scalp dry with a towel.

Remember to rinse using a back washing technique, with baby's head supported by a hand and tilted backwards to avoid getting shampoo into the baby's eyes.



A Guide to Common Scalp Conditions

This handy reference guide describes the typical features of common scalp conditions. All of these scalp conditions can be treated with Capasal Therapeutic Shampoo.

Condition	Scale Description	Scalp Description	Other features	Other affected sites	
Dandruff (Pityriasis capitis)	Small, white or grey flakesLoosely attached to the scalp	NormalNo hair loss	Not usually itchy	No rash elsewhere	
Seborrhoeic Dermatitis	 Large, yellow, greasy appearance, may form a crust Fixed to the scalp 	Inflamed-redNo hair loss	Slightly itchy	• Inflamed, red, greasy, scaly skin behind the ears, eyebrows and around the nose	
Scalp Psoriasis	Small, silveryFixed to the scalp	 Thick, clearly marked plaques May extend to beyond the hairline Hair thinning may occur 	 Not usually itchy May bleed slightly when scales are scratched 	Psoriasis can occur anywhere on the body	
Atopic Eczema	Generally rough and scaly	Pink rash, poorly defined edge	Starts after 3 months of ageVery itchy	 Babies – often face and then body Older children – around flexures (inside knees, elbows, etc.) 	
Cradle Cap (Infantile Seborrhoeic Dermatitis)	Whitish-yellow, greasy scaling	• Inflamed- sometimes red	 Mostly starts within first 3 months of age Usually resolves by 6-12 months Not usually itchy 	Eyebrows, ears, around the nose and nappy area can be affected	



Capasal™ Therapeutic Shampoo

Salicylic acid 0.5% w/w, coconut oil 1.0% w/w, distilled coal tar 1.0% w/w.

Uses: As a shampoo in the treatment of dry, scaly scalp conditions such as seborrhoeic eczema, seborrhoeic dermatitis, pityriasis capitis, psoriasis and cradle cap in children. It may also be used to remove previous scalp applications.

Package quantity: 250ml bottle.

Legal category: P.

MA holder: Dermal Laboratories, Tatmore Place, Gosmore, Hitchin, Herts, SG4 7QR, UK.

'Capasal' is a trademark.

Adverse events should be reported. Reporting forms and information can be found at yellowcard.mhra.gov.uk. Adverse events should also be reported to Dermal.



Scan for Capasal Prescribing Information and Adverse Event Reporting.

